27TH SICOT YOUNG SURGEONS MEETING
IN COLLABORATION WITH THE
40TH CAMBRIDGE TRAUMA AND
ORTHOPAEDIC CLUB MEETING

2022

SICOT YSM
30th June
Virtual

CTOC
1st July 2022
West Road Concert Hall

SICOT YSC CHAIR: MR. K H SUNIL KUMAR
CTOC SECRETARY: MR JAISON PATEL
CTOC PRESIDENT: DR ALAN GETGOOD
ACADEMIC CHAIR: MR VIKAS KHANDUJA
Dear Friends and Colleagues

It gives us immense pleasure to welcome you to the 40th Cambridge Trauma and Orthopaedic Meeting and Dinner. This years meeting will be held in collaboration with the 27th SICOT young surgeons meeting. We are pleased to announce the academic programme for the days which promises to be not only educationally but socially rewarding.

After 2 years of virtual meetings we are excited to be able to hold this years CTOC meeting in person at The West Road Concert Hall, Cambridge. The SICOT Young Surgeons Meeting will be held virtually to allow delegates from around the globe to attend the academic event without the need to travel.

Building on previous meetings we have invited key opinion leaders in the field of Trauma and Orthopaedics to support in the educational component of the day. Through this we hope to enhance links between the rotation and centres around the globe for collaborative research and help in securing trainees sub-speciality fellowships.

This year for the CTOC day we are honoured to have Prof. Peter Verdonk from Belgium, Prof. Amy Grove from Warwick, Dr Allan Mishra from USA and Prof. Alan Getgood from Canada, who is also this years CTOC president. The Bernard Meggitt lecture will be delivered by Mr Matthew Porteous from Bury St Edmunds. In addition, for the SICOT Virtual Day we have Ms Nadine Hachach-Haram from London, UK, Prof. Mohit Bhandari from Hamilton, Canada and Prof. Ashok Johari from Mumbai, India who is the current SICOT President giving keynote lectures.

As always we look forward to hearing about our trainees academic work. 172 submissions have been through peer review. We have selected 10 "best of the best" oral presentations from our EOEOOrtho trainees as well as 6 oral presentations from our junior colleagues and trainees from out of region/globally. The lively "JAM - Just A Minute" session is here to stay and we have 15 one minute presentations lined up, all of whom will be trying to win this years prize.

The evening dinner will be held at King's College and we are lucky to have Richard "Ricky" Villar give the "after dinner talk." The evening will begin at 1900 hrs with a drinks reception on the lawn (weather permitting) followed by a 3 course meal in "The Hall".

Further details for the events can be found on our website www.cambridgeorthopaedics.co.uk

We look forward to seeing you in Cambridge for this event

Very best wishes

SICOT YSC Chair: Mr. K H Sunil Kumar
CTOC Secretary: Mr Jaison Patel
CTOC President: Dr Alan Getgood
Academic Chair: Mr Vikas Khanduja
History of Cambridge Trauma & Orthopaedic Club

The Cambridge Orthopaedic Club was formed in 1982, with the primary aim to provide an opportunity for past and present trainees and trainers to meet together annually. Since the inaugural meeting in 1982 the meeting has grown to become a highly regarded rotation meeting with attendance from not only the region but from elsewhere in the UK and the world. The meeting in 2022 in collaboration with SICOT Young Surgeons Committee and will be one of the biggest meetings ever held.

The inaugural meeting of the Cambridge Orthopaedic Club was held in the University Graduate Centre in 1982, with Alan Murley as president. Since then the Cambridge Orthopaedic Club has expanded and members now include past and present trainees, as well as trainers. Currently the secretary of the Cambridge Orthopaedic Club will return as the president of the club at the annual meeting 13 years later! There are many notable members of the club, such as Dame Clare Marx (Past Chair of General Medical Council and Past President of the Royal College of Surgeons of England) along with several past and current presidents of many of the orthopaedic subspecialty societies (for example BOA, BASK, BHS, BOFAS, BSSH, BESS and BTS). It is the responsibility of the current trainees to maintain the standards and traditions of the past, with both their excellent contributions and presence at the meetings.

History of the rotation
In the early days of the NHS, the aspiring surgeon worked exclusively with an individual Consultant on a “firm” for the whole of what would now be called Higher Surgical or Specialist Training. After pre-registration and registrar posts, trainees would then become senior registrars before being suitably appointed as a Consultant when a vacancy arose. As surgery became more specialised it was felt that future surgeons would need to work for more trainers to gain experience and so moving between firms between district general and teaching hospital posts were created but there were no formal rotations.

The rotation started off as a Senior Registrar rotation in 1972 initially as a 2 year post. Previously in 1970-71 there was initial contact with Richard Howard from Norwich but this failed to progress and the post went to London. The 2 year rotation started with Cambridge and Black Notley and slowly expanded. Gradually previous registrar rotations expanded to include Peterborough in 1980 and Ipswich in 1989 and by 1990 had become part of a 4 year Senior Registrar rotation of Cambridge, Black Notley, Peterborough and Ipswich with the West Suffolk joining in 1991. The Calman reforms in 1995 introduced seamless training and career registrar and senior registrar rotations were joined into a 6-year training programme.

David Dandy was the first training programme director and with Murray Matthewson oversaw the programme with Luton, Bedford and Kings Lynn joining around that time. Norwich joined in 1997 and the first trainee to go there was Fred Robinson. Colchester then joined in 1998 and Chelmsford in 2008. In 2016 posts in 8 acute trusts in the East of England but managed by Health Education London were repatriated back to the East of England. This led to the introduction of Lister Hospital in Stevenage and Princess Alexandra Hospital in Harlow to the rotation. Alongside the introduction of trainees to James Paget Hospital in Great Yarmouth, the rotation is now one of the largest in the UK.

Written with the help of Mr David Dandy, Mr Chris Constant, Mr Warwick Chan and Mr Jaison Patel
How ‘COC’ became ‘CTOC’?

The growth in numbers & diversity of the training rotation stimulated the formation of the EOETEA committee - East of England Orthopaedic Teaching & Education Association. The purpose of EOETEA is to organise & optimise teaching for trainees in the region, including the use of simulation, cadaveric sessions, as well as high fidelity FRCS mock exams & consultant interview preparation courses, with the aim of raising the @EoEOrtho profile. The EOETEA Committee felt the acronym ‘COC’ would not be an ideal one to represent the region and a brainstorming session took place leading to the current name of the club renamed in 2019 into Cambridge Trauma & Orthopaedic Club or ‘CTOC’. In short the name Cambridge Trauma & Orthopaedic Club is a more accurate portrayal of current practice and a demonstration of the constant evolution within our specialty.

Academic Programme

The Cambridge Orthopaedic Club meetings were traditionally a social gathering, which evolved into an academic day meeting consisting of registrar presentations with an evening meal at one of the Cambridge Colleges on a Saturday. The attendance for these meetings was lacking and the educational opportunities lost as a consequence. The Training Programme Directors have worked with Mr Vikas Khanduja, who took on the role as Academic Programme Chairman in 2017, with the aim of improving the quality of the scientific programme & the educational content of the meeting. In combination with moving the meeting to a weekday, the Scientific Programme has been transformed and reinvigorated. By inviting several eminent International Keynote Speakers to the Annual Meeting, so as to foster a relationship between East of England and the invited speakers, this has not only improved the profile of the region internationally, but also helped with networking around the world improving fellowship opportunities for the trainees. The standard of the academic presentations by the trainees has risen significantly and the top 10 podium spots are heavily competed for and the attendance for this event has risen to above 100 as well, even when delivered virtually. CTOC has also become a springboard for aspiring medical students to launch their orthopaedic careers.

Global collaboration

The last two CTOC meetings (2020 and 2021) were held virtually due to COVID-19 pandemic. The CTOC 2021 meeting opened to trainees from around the globe. A total of 172 delegates from across the globe attended the 2021 meeting with several presentation from outside the East of England. Building on the success of the global collaboration in the past two years, this year’s 40th Cambridge Trauma & Orthopaedic Club annual meeting is being held with the 27th SICOT Young Surgeons meeting. The 2022 meeting will be the biggest CTOC meeting to be held with a total of 170 abstracts submitted for the two day meeting.
SICOT, the Société Internationale de Chirurgie Orthopédique et de Traumatologie, is an international non-profit association incorporated under Belgian law.

SICOT’s mission is to promote the advancement of the science and art of orthopaedics and traumatology at an international level, in particular for the improvement of patient care, and to foster and develop teaching, research and education. In 2019, SICOT celebrated its 90th birthday.

SICOT’s annual Orthopaedic World Congress is a truly global gathering of orthopaedic surgeons from over 110 member nations. The OWCs are now highly organised scientific, clinical and social events, celebrating the diversity of the SICOT membership and bringing together surgeons of all disciplines and experience to learn from and with one another through keynote lectures, invited talks, free paper presentations and hands-on workshops.

SICOT is setting world standards of surgical competence - knowledge plus clinical skills - by offering an annual Diploma Examination comparable to those of exemplary institutions in highly developed countries.

The SICOT Journal, International Orthopaedics, has shown steady gains in the last few years and now has an impact factor of 3.075 for 2020, whilst its sister open access journal SICOT-J focuses on original clinical, basic and translational research. SICOT’s Training Manual is there to guide trainees along a map to the goal of full training.

The SICOT Fellowships offer unique opportunities for education and exchange. The SICOT Foundation helps to provide funds for travel to conferences and to work with masters of surgery in notable teaching centres. Trainees Meetings provide forums for learning from invited world-renowned experts and allow young surgeons an opportunity to present their own research to their colleagues.

In the summer of 2020 SICOT launched the Programme of Innovative Orthopaedic Networking, e-Learning, Education and Research (PIONEER), to meet the need for online-only and virtual education resources following the COVID-19 global pandemic. The programme includes an online video archive and regular live webinars, and plans for the future include key opinion leader podcasts, training modules and much more.

Young Surgeons Committee

The vision of the Young Surgeons Committee is to provide young trainees from around the world with a resourceful educational platform to guide them whilst preparing for the SICOT Diploma and similar exit exams. The YSC is formed of Chair, Vice chair and 12 committee members. In addition, in 2022 the Young Surgeons Task Force was established to include other young member of SICOT who are keen to be involved with SICOT activities and work towards SICOT’s goals of education and training.

Complied from SICOT website www.sicot.org
# SICOT Day Programme

## 30th June 2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>830 - 900</td>
<td>Online doors open</td>
<td></td>
</tr>
<tr>
<td>Title of paper</td>
<td>Presenter</td>
<td></td>
</tr>
<tr>
<td>------------------------------------------------------------------------------</td>
<td>-----------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Hip fracture in solid organ transplant patients: Outcomes and survivorship</td>
<td>Gonzalo Mariscal Valencia, Spain</td>
</tr>
<tr>
<td>2</td>
<td>Systematic Review of Outcome Measures Used for Reanimation Surgery of the Upper Limb in Tetraplegia</td>
<td>Alexander Hinton Great Yarmouth, UK</td>
</tr>
<tr>
<td>3</td>
<td>Higher mortality and morbidity after total hip arthroplasty among dialysis patients: results from a 4-year national database analysis of 367,894 patients</td>
<td>Vishesh Khanna Swansea, UK</td>
</tr>
<tr>
<td>4</td>
<td>Do we need at least 20 mm of autograft length within the femoral tunnel in anterior cruciate ligament reconstruction to guarantee success?</td>
<td>Vishesh Khanna Swansea, UK</td>
</tr>
<tr>
<td>5</td>
<td>Cauda Equina Syndrome: Red Flags and Referrals</td>
<td>Hemina Shah Watford, UK</td>
</tr>
<tr>
<td>6</td>
<td>Quantifying increased lateral column instability in Adult Acquired Flatfoot Deformity (AAFD)</td>
<td>Mahmoud Elmousili Manchester, UK</td>
</tr>
<tr>
<td>7</td>
<td>Management of Osteoporotic Vertebral Compression Fractures (MoVe Com): A BASS Trainee Collaborative Project</td>
<td>Chien Soh Cambridge, UK</td>
</tr>
<tr>
<td>8</td>
<td>Medium to long term outcomes of treatment for chronic Tendo Achilles ruptures with a single incision short FHL tendon transfer and a bio tenodesis screw.</td>
<td>Hemant Sharma Stockton-on-tees, UK</td>
</tr>
<tr>
<td>9</td>
<td>Evaluation of the accuracy and efficacy of the 3-dimentional MRI segmentation for the rotator cuff tear using deep learning algorithm</td>
<td>LEE SU HYUN Seoul, South Korea</td>
</tr>
<tr>
<td>10</td>
<td>IMPORTANCE OF SPINOPELVIC SAGITTAL PARAMETERS AND ITS EFFECT ON ADULT DEGENERATIVE SCOLIOSIS SURGERY</td>
<td>Ghanshyam Kakadiya Mumbai, India</td>
</tr>
</tbody>
</table>
## SICOT Day Programme
### 30th June 2022

### Free Papers Session 2 - 11:30 to 12:30

<table>
<thead>
<tr>
<th>Title of paper</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Audit on Adherence to the BOAST Guidelines on the Safe Use of Intraoperative Tourniquets</td>
<td>Sreekar Devarakonda Stockport, UK</td>
</tr>
<tr>
<td>Patient satisfaction with video and telephone consultations: a contemporaneous comparison with face-to-face consultations during the COVID-19 pandemic</td>
<td>Isabelle Cochrane Edinburgh, UK</td>
</tr>
<tr>
<td>PARTIAL CORRECTION OF GLENOID RETROVERSION IN STEMLESS TOTAL SHOULDER ARTHROPLASTY LEADS TO SATISFACTORY CLINICAL OUTCOMES</td>
<td>Rohan Bidwai Aberdeen, UK</td>
</tr>
<tr>
<td>Low hardware removal and tendon rupture rates for the Acu-Loc 2 standard Volar Distal Radius (VDR) Plate with minimum one year follow up</td>
<td>Aniket Bharadwaj Cambridge, UK</td>
</tr>
<tr>
<td>The use of a novel radiological parameter, the Medial Femoral Cortex (MFC) line, in predicting offset in Total Hip Arthroplasty (THA)</td>
<td>Apoorva Khajuria Stanmore, UK</td>
</tr>
<tr>
<td>Evaluating the effect of Early versus Late weight-bearing on the outcome of tibia plateau fracture osteosynthesis: A randomized clinical trial</td>
<td>Udit Jayant New Delhi, India</td>
</tr>
<tr>
<td>Paediatric joint infection with Kingella Kingae – a retrospective Study</td>
<td>Sathya Lakpriya Plymouth, UK</td>
</tr>
<tr>
<td>Decision-making in NHS Procurement of artificial joint implants</td>
<td>Ignatius Liew Norwich, UK</td>
</tr>
<tr>
<td>Actual fasting times of trauma and orthopaedic patients before induction of anaesthesia: a single-centre audit</td>
<td>Caroline Olabisi Cardiff, UK</td>
</tr>
<tr>
<td>Title of paper</td>
<td>Presenter</td>
</tr>
<tr>
<td>-------------------------------------------------------------------------------</td>
<td>-----------------------------------------------</td>
</tr>
<tr>
<td>1 Fracture of Children’s Both Bone Casting Study (#CBBC) – A Regional Experience</td>
<td>George Hourston Norwich, UK</td>
</tr>
<tr>
<td>2 Unicompartment knee replacement- comparison between patient with medial arthrosis and avascular necrosis of the medial femoral condyle of the knee joint</td>
<td>Plamen Ivanov Sofia, Bulgaria</td>
</tr>
<tr>
<td>3 Operative versus non-operative treatment of extra-articular distal humeral shaft fractures: A retrospective comparative study evaluating clinical and radiological outcome</td>
<td>Avi Korman Barnet, UK</td>
</tr>
<tr>
<td>4 OBSERVATIONAL STUDY OF ISOLATED GREATER TUBerosity fractures</td>
<td>Shreyas Chitnis Basildon, UK</td>
</tr>
<tr>
<td>5 EFFECTIVENESS OF SUBLAMINAR MERSILENE TAPE AUGMENTED PEDICLE SCREWS FIXATION FOR OSTEOPOROTIC VERTEBRAL COMPRESSION FRACTURE: LOW-COST MODALITY</td>
<td>Ghanshyam Kakadiya Mumbai, India</td>
</tr>
<tr>
<td>6 PERCUTANEOUS ACHILLES TENDON RECONSTRUCTION WITH A CENTRAL TURNDOWN FLAP AND SEMITENDINOSUS AUGMENTATION</td>
<td>Ghanshyam Kakadiya Mumbai, India</td>
</tr>
<tr>
<td>7 The Impact of a Harm Review Service on Patients Awaiting Elective Orthopaedic Foot and Ankle Surgery for More Than 52 Weeks</td>
<td>Omkaar Divekar London, UK</td>
</tr>
<tr>
<td>8 FUNCTIONAL AND RADIOLOGICAL OUTCOMES OF PRIMARY RING FIXATOR VERSUS ANTIBIOTIC NAIL IN OPEN Tibial Diaphyseal Fractures: A PROSPECTIVE STUDY</td>
<td>Sahil Arora Rohtak, India</td>
</tr>
<tr>
<td>9 Reactive synovitis of the knee joint after COVID-19 vaccination</td>
<td>Eliska Vanaskova Usti nad Labem, Czech republic</td>
</tr>
<tr>
<td>10 Accuracy of Supra-acetabular Schanz pins insertion byfinger assisted technique: The cadaveric study</td>
<td>Sofian Hayitahe Nartiwat, Thailand</td>
</tr>
</tbody>
</table>
## SICOT Day Programme
### 30th June 2022

### JAM paper Session - 14:00 to 14:45

<table>
<thead>
<tr>
<th>Title of paper</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 Our experience with posteromedial approach for tibial plateau fractures treatment – is it safe?</td>
<td>João Pedro Campos Matosinhos, Portugal</td>
</tr>
<tr>
<td>12 Anterior Dynamic Stabilisation In Chronic Anterior Shoulder Dislocation</td>
<td>Aashay K Nagpur, India</td>
</tr>
<tr>
<td>13 Dorsal Mini Screws as rafts to Support Distal Radius Intra-articular Fractures</td>
<td>Chunliang Wang London, UK</td>
</tr>
<tr>
<td>14 Interlaminar endoscopic approach in the treatment of lumbar stenosis – our mid-term results</td>
<td>Joao Costa Matosinhos, Portugal</td>
</tr>
<tr>
<td>15 Arthroscopic one tunnel technique repair for Traumatic Triangular fibrocartilage complex (TFCC) tear- A case series done in North West Anglia Foundation Trust</td>
<td>Naufal Ahmed Huntingdon, UK</td>
</tr>
<tr>
<td>16 Evaluation of Efficacy of Telephone Consultations in Trauma &amp; Orthopaedic Clinics using a Novel Standardised Scoring Tool</td>
<td>Kavyansh Bhan London, UK</td>
</tr>
<tr>
<td>17 Dedicated Orthopaedic Elective Unit: Our experience from a district general hospital.</td>
<td>Vinay Joseph Merthyr Tydfil, UK</td>
</tr>
<tr>
<td>18 Is Gastrocnemius Recession Useful in the Management of Achilles Tendinopathy? A Systematic Review</td>
<td>Sofyan Al Shdefat Cambridge, UK</td>
</tr>
<tr>
<td>19 The impact of discharging patients home while awaiting open reduction internal fixation of unstable ankle fractures.</td>
<td>Sam Towell Colchester, UK</td>
</tr>
<tr>
<td>20 EFFECTS OF REPETITIVE ACTIVITY ON MEDIAN NERVE MORPHOLOGY AND BIOMECHANICS</td>
<td>Pashmina Bhutto Ipswich, UK</td>
</tr>
<tr>
<td>Time</td>
<td>Topic</td>
</tr>
<tr>
<td>-----------</td>
<td>------------------------------------------------------------------------</td>
</tr>
<tr>
<td>0800 - 0830</td>
<td>Delegate registration</td>
</tr>
<tr>
<td>0830 - 0835</td>
<td>Welcome &amp; Introduction</td>
</tr>
<tr>
<td>0835 - 0840</td>
<td>President’s Welcome</td>
</tr>
<tr>
<td>0840 - 0845</td>
<td>Secretary’s Welcome</td>
</tr>
<tr>
<td>0845 - 0915</td>
<td>SICOT Update</td>
</tr>
<tr>
<td>0915 - 0945</td>
<td>Free Papers - Session 1 - EOE Registers ‘Best of the Best’</td>
</tr>
<tr>
<td></td>
<td>Free Papers - Session 2 - Medical Students/Foundation Trainee’s Out of</td>
</tr>
<tr>
<td></td>
<td>region</td>
</tr>
<tr>
<td>0945 - 0950</td>
<td>BOA/BOTA culture and diversity</td>
</tr>
<tr>
<td>0950 - 0955</td>
<td>Ukraine fundraising and Surgical Equipment supplies</td>
</tr>
<tr>
<td>0955 - 1000</td>
<td>ORCA Update</td>
</tr>
<tr>
<td>1000 - 1030</td>
<td>Coffee Break &amp; Poster Viewing</td>
</tr>
<tr>
<td>1030 - 1045</td>
<td>Tendinopathy in 2022</td>
</tr>
<tr>
<td>1045 - 1115</td>
<td>The “Bernard Maggitt Lecture” - Reflections</td>
</tr>
<tr>
<td>1115 - 1145</td>
<td>Free Papers - Session 3 - EOE Registers ‘Best of the Best’</td>
</tr>
<tr>
<td></td>
<td>Free Papers - Session 4 - EOE Registers ‘Best of the Best’</td>
</tr>
<tr>
<td>1145 - 1215</td>
<td>JAM Session</td>
</tr>
<tr>
<td>1215 - 1245</td>
<td>VR simulation with PrecisionOS</td>
</tr>
<tr>
<td>1245 - 1300</td>
<td>Lunch and poster viewing - Walking Cambridge tour for international</td>
</tr>
<tr>
<td></td>
<td>delegates @ 1345</td>
</tr>
<tr>
<td>1330 - 1430</td>
<td>EOE Trainees and Consultants (main auditorium)</td>
</tr>
<tr>
<td>1330 - 1400</td>
<td>TPD update</td>
</tr>
<tr>
<td>1340 - 1430</td>
<td>Review of Head of School of Surgery</td>
</tr>
<tr>
<td>1350 - 1400</td>
<td>Review of Educational Plan</td>
</tr>
<tr>
<td>1400 - 1410</td>
<td>EDETEA Committee</td>
</tr>
<tr>
<td>1410 - 1420</td>
<td>Mentoring</td>
</tr>
<tr>
<td>1420 - 1430</td>
<td>Training Survey - THOTY</td>
</tr>
<tr>
<td>1430 - 1515</td>
<td>Refreshment Break &amp; Poster Viewing</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>1515 - 1545</td>
<td>Collective Wisdom or Collective Blindness</td>
</tr>
<tr>
<td>1545 - 1615</td>
<td>Avoiding ACL graft failure in High Risk Patients</td>
</tr>
<tr>
<td>1615 - 1645</td>
<td>Proposal to introduce knee morotype and early OA research</td>
</tr>
<tr>
<td>1645 - 1700</td>
<td>Prizes and Gifts</td>
</tr>
<tr>
<td>19:00</td>
<td>CTOC Dinner - Kings College (CTOC members only)</td>
</tr>
<tr>
<td>Session 1 – EOEOrtho Trainees “Best of the Best” 08:45-09:15</td>
<td>Presenter</td>
</tr>
<tr>
<td>----------------------------------------------------------</td>
<td>-----------</td>
</tr>
<tr>
<td>1. Anatomical Study of Fatty Infiltration of the Gastrocnemius-Soleus Complex: Frequency and Pattern of Infiltration</td>
<td>Katerina Hatzantoni</td>
</tr>
<tr>
<td>2. The Floating Pubic Symphysis: Incidence and Associations</td>
<td>Rachael Clegg</td>
</tr>
<tr>
<td>3. The management of posterior malleolus fractures in unstable ankle injuries—Worth fixing? A Systematic review</td>
<td>Thanos Serlis</td>
</tr>
<tr>
<td>4. Surgical Repair of Stener-like Injuries of the Medial Collateral Ligament (MCL) of the Knee in Professional Athletes</td>
<td>Joshua Thompson</td>
</tr>
<tr>
<td>5. Low Rate of Heterotopic Ossification Following Acetabular Fracture Fixation, a Retrospective Cohort Study</td>
<td>Thomas Barker</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Session 2 – Med Students, &quot;junior&quot; trainees and out of region 09:15-09:45</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Radiological Assessment and Use of an App in predicting Implant size in Oxford Uni Condylar Knee Arthroplasty</td>
<td>Aakaash Sethuraman Venkatesan</td>
</tr>
<tr>
<td>2. Utilising Live Orthopaedic Trauma Streaming (LOTS) as a remote operative supervision tool for orthopaedic trainees</td>
<td>Emma Theobald</td>
</tr>
<tr>
<td>6. Increasing time of fracture union to sars cov 2 infected patients in injury moment</td>
<td>Dragos Petru Drignei</td>
</tr>
<tr>
<td>Session 3 – EOEOrtho Trainees “Best of the Best” 11:15-11:45</td>
<td>Presenter</td>
</tr>
<tr>
<td>---------------------------------------------------------------</td>
<td>-----------</td>
</tr>
<tr>
<td>1 An Audit of Orthopaedic Audits</td>
<td>Michael Pullinger</td>
</tr>
<tr>
<td>2 Improving patient safety in automation-assisted Orthopaedic Surgery: Non-technical lessons from high reliability organisations</td>
<td>John Hardie</td>
</tr>
<tr>
<td>3 Seasonality of Surgical Site Infections Following Joint Replacements: Systematic Review &amp; Meta-Analysis</td>
<td>Hasan Fawi</td>
</tr>
<tr>
<td>4 Extreme Lateral Interbody Fusion (XLIF) in a consecutive series of 50 patients in a regional spine unit</td>
<td>Jehan Butt</td>
</tr>
<tr>
<td>5 Lateral Hinge Fracture Risk Reduction in Medial Opening Wedge High Tibial Osteotomy: A Finite Element Analysis Study</td>
<td>Humza Osmani</td>
</tr>
<tr>
<td>Title</td>
<td>Presenter</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>----------------------------------</td>
</tr>
<tr>
<td>Under pressure to improve our tourniquet use: An audit against new BOAST guidance</td>
<td>Rachael Clegg</td>
</tr>
<tr>
<td>Variation in Orthopaedic Curriculum - Getting it right first time?</td>
<td>Ignatius Liew</td>
</tr>
<tr>
<td>“Forgotten Knee” following total knee replacement: The role of patella resurfacing and results from a single surgeon case series of 187 patients.</td>
<td>Georgios Saraglis</td>
</tr>
<tr>
<td>Ulna Shortening Osteotomy using a Dorsal DCP Plate versus Volar Low-profile Plate</td>
<td>Alexandra Macmillan</td>
</tr>
<tr>
<td>Sustainability in orthopaedic theatres. where are we?</td>
<td>Mahmoud Awadallah</td>
</tr>
<tr>
<td>Targeting Opioid-induced Constipation in Acute Trauma and Orthopaedics admissions</td>
<td>Katie Marshall</td>
</tr>
<tr>
<td>Anatomic tilt views following distal radius fracture ORIF – time for an updated protocol?</td>
<td>George Hourston</td>
</tr>
<tr>
<td>Complication profiles of tension band wiring, single dorsal plating and low-profile double-plating following fixation of isolated olecranon fractures.</td>
<td>Kriti Singhania</td>
</tr>
<tr>
<td>Reduction in Emergency Department of Dislocated Total Hip Replacements (REDD-THR). An ORCA Collaborative</td>
<td>Albert Ngu</td>
</tr>
<tr>
<td>Child and parent satisfaction with telemedicine in paediatric orthopaedics - a survey of children and parents regarding the switch to virtual outpatient appointments during the COVID-19 pandemic</td>
<td>Luke Granger</td>
</tr>
<tr>
<td>Does the tip-apex-distance vary between Dynamic Hip Screw fixations performed in and out of working hours?</td>
<td>Pradyumna Raval</td>
</tr>
<tr>
<td>Early Results From the Use of the CORI System for Robotic-Assisted Total Knee Replacements.</td>
<td>Sumon Huq</td>
</tr>
<tr>
<td>Clinical Audit – “Evaluating Compliance With BOAST Guideline On Early Management Of Paediatric Forearm Fracture – Experience At Broomfield Hospital”</td>
<td>Praveen Gopinath</td>
</tr>
<tr>
<td>Using a digital inclinometer significantly improves the accuracy of derotation osteotomy: a simulation study</td>
<td>Daniel Watts</td>
</tr>
<tr>
<td>Audit: To review and implement Trauma Meeting Documentation by means of a proforma in a DGH T&amp;O department</td>
<td>Andrew Bircher</td>
</tr>
</tbody>
</table>
Partnerships with our colleagues in industry are a vital component of our registrar teaching programme. We thank William Nabulyato for his hard work in liaising with our industry partners in securing annual paid commitments to our programme. Please visit the stands of our sponsors in the foyer as a way of saying thank you, as well as a chance to win a prize at the end of the day.

PLATINUM

DePuy Synthes

precisionOS

SILVER

acumed

Arthrex

LEDA

STANDARD

ETHICON

SI-BONE

Heraeus
30th June SICOT - Virtual
1st July CTOC Academic Meeting - West Road Concert Hall - 8am Registration
1st July CTOC Dinner - Kings College - 7pm Drinks reception
Travelling to West Road

We encourage all visitors to the hall to travel via sustainable travel methods such as walking, cycling, public transport, or car sharing.

**By Train**
Trains run regularly to Cambridge from both London King’s Cross and London Liverpool Street. If you are coming from the North, it is advisable to change at Peterborough. West Road is a 10 to 15 minute taxi ride from the railway station. The Universal bus (see below) also runs from the railway station to West Road.

**By Car**
From Junction 12 of the M11
Drive for approx 1.5 miles into Cambridge (Barton Road)
Turn left into Grange Road
Turn 3rd right opposite Rugby Club (West Road)
We are half way along the right hand side of West Road.

**Park and Ride**
Cambridgeshire County Council run a ‘Park & Ride’ service from Madingley Road, just off Junction 13 of the M11 to the West of Cambridge. From there, one can take the Universal (Route U) bus and alight at the stop entitled ‘West Road, University Library’, which is approximately 50 metres from our front door. Timetables for the Universal bus service are available from the University’s Environment and Energy website.
Further information about Park & Ride can be found on the County Council’s website (link to open in new tab: http://www.cambridgeshire.gov.uk/info/20149/park_and_ride/)

**Parking**
Parking in Cambridge is limited. Grand Arcade car park is located in the city centre and is a 15 minute walk to West Road. Alternatively visit www.justpark.com to view available parking spaces for that day. The nearest unregulated streets are Herschel, Adams and Cranmer Roads which are a short walk to the venue.
If you plan on staying in Cambridge on the evening of 1st July there are several options available for accommodation.

For the "College Experience" we recommend booking into a college room. These can be found in many of the Colleges around Cambridge and are an affordable option. We have reserved single rooms at Garden Hostel in Kin's College (£120) available on a first come first serve basis.

Visit www.meet-cambridge.com or www.universityrooms.com to check availability and book a room.

Alternatively www.booking.com or www.trivago.co.uk have a variety of accommodation to choose from.
Dr. Bhandari currently serves as Chair, Department Surgery at McMaster University. He is a designated University Scholar, at McMaster, to recognize his excellence in as an academic surgeon and scientist. It is a title held by less than 10 individuals within the entire University. He is the Associate Chair of Research in the Department of Surgery and holds a Canada Research Chair in Evidence-Based Orthopaedics—the only chair of its kind in Canada. He received his Masters Degree in Health Research Methodology from McMaster University and his PhD Degree from Goteborg University (Sweden). He is recognized a global leader in evidence-based surgery and Orthopaedic research receiving the fields highest awards including the Royal College of Physicians and Surgeons Medal, the Edouard Samson Award, and the Kappa Delta Award. He has been acknowledged among the top 10 most cited orthopaedic fracture surgeons in the world. To this end, Dr. Bhandari has published over 1000 papers and has lead edited several of his field's major research textbooks, including the best seller “Evidence-Based Orthopaedics”. Receiving over 55 million dollars in research funding over his career.

Ashok Johari
Mumbai, India

Dr Johari is a Paediatric Orthopaedic Surgeon the Director, Paediatric Orthopaedics, Nanavati Max Super Specialty Hospital, Mumbai, India. He is the current President of SICOT (2020 to 2022). In 1985 Dr Johari set up the first paediatric orthopaedic unit in any teaching hospital in India. He has trained several orthopaedic surgeons in the last four decades. He has held the following roles.

- Chief Editor of the Journal of Pediatric Orthopaedics (B) – 2006 to date
- President, Indian Orthopaedic Association - 2010
- Founder Secretary, Paediatric Orthopaedic Society of India, POSI – 1994 to 2001,
- President POSI – 2005 to 2011
- Past President: Indian Academy of Cerebral Palsy (IACP), Asia Pacific Knee Society (APKS), Asia Pacific Paediatric Orthopaedic Society (APPOS), World Association Against Infection in Orthopaedics and Trauma (WAIOT) and others
- Chief Editor: Current Progress in Orthopedics book series
- Many prestigious lectures, papers and research publications, book chapters and books.

Mohit Bhandari
Hamilton, Canada
Ms Nadine Hachach-Haram, BEM is a Consultant Plastic Surgeon and the clinical lead for innovation at Guy’s and St Thomas’ NHS Foundation Trust.

She drew on her passion for innovation, education and global surgery to found Proximie, an augmented reality telehealth platform that allows doctors to virtually transport themselves into any operating rooms, anywhere in the world, to visually and practically collaborate. Her work, dubbed by CNN as ‘the future of surgery’, has received international acclaim with invitations to speak at TED, MITREAP and selection as the Foreign Press Association Science Story of the Year. Nadine is also the recipient of the British Empire Medal in the Queen's Birthday Honours in recognition of her services to healthcare and innovation.

Nadine has been selected as an Endeavour entrepreneur, is a member of Royal College of Surgeons’ Comision on the Future of Surgery. She is also actively involved in plastic surgery training and sits on the RSM Plastic Surgery Council, BAPRAS Innovation Committee, SAC Simulation group, and is a Founding Member of the MI-4 Microsurgery Simulation Programme.

Allan Mishra

Allan Mishra is an Adjunct Clinical Associate Professor of Orthopaedic Surgery at the Stanford Medical Center and the founder of VitalityExplorers.com, an organization dedicated to enhancing global vitality, one person at a time. He has been on the medical staff at Stanford for 25 years after completing his fellowship in Sports Medicine at the institution. He is board-certified by the American Board of Orthopedic Surgery and a fellow of the American Academy of Orthopedic Surgeons. He is also a double-alumni of the University of Michigan with BS and MD degrees. Dr. Mishra is one of the pioneers of platelet-rich plasma (PRP) for musculoskeletal injuries and disorders. He has presented his research all over the world and published it in elite medical journals. This research has also been the subject of dozens of lay press articles and has been featured on the front page of the New York Times. Dr. Mishra also teaches a vitality course at Stanford and has published a text on the topic called the Vitality Essentials Course Book. He has given invited lectures about how to live a vital life at Google, Apple, the Stanford Graduate School of Business, the University of Michigan and in front of US Navy SEAL audiences among many others. He lives in Silicon Valley with his family and enjoys golf, hiking and no-limit poker.

Mr. Mishra is board-certified by the American Board of Orthopedic Surgery and a fellow of the American Academy of Orthopedic Surgeons. He is also a double-alumni of the University of Michigan with BS and MD degrees. Dr. Mishra is one of the pioneers of platelet-rich plasma (PRP) for musculoskeletal injuries and disorders. He has presented his research all over the world and published it in elite medical journals. This research has also been the subject of dozens of lay press articles and has been featured on the front page of the New York Times. Dr. Mishra also teaches a vitality course at Stanford and has published a text on the topic called the Vitality Essentials Course Book. He has given invited lectures about how to live a vital life at Google, Apple, the Stanford Graduate School of Business, the University of Michigan and in front of US Navy SEAL audiences among many others. He lives in Silicon Valley with his family and enjoys golf, hiking and no-limit poker.
Peter Verdonk, MD, PhD is a full time Consultant Orthopaedic Knee Surgeon at the Antwerp Orthopaedic Center (Monica Hospitals) and Researcher at the Antwerp University and the Monica Research Institute. He is also a Visiting Surgeon at the Aspetar Hospital in Doha, Qatar and an Attending Surgeon at the Antwerp University Hospital. His clinical and research interests are knee surgery and arthroplasty with a particular focus on meniscus substitution and cartilage repair. He has obtained his PhD degree at the Ghent University in 2006 on The Human Meniscus: characterization, transplantation and tissue engineering. He received his orthopaedic training in Ghent University, and was a fellow of Prof. Bellemans in Leuven and of Prof. Neyret in Lyon. He has been an international traveling fellow of the International Cartilage Repair Society in 2004 and of the European Society of Sport Traumatology Knee Surgery and Arthroscopy in 2007. He is author of more than 90 peer reviewed papers and has lectured internationally. He is also involved in a number of national and international scientific organization (ICRS, ISAKOS, ESSKA, ABA, BVOT, BKS,...).

Dr Grove is an Associate Professor of Health Technology Assessment and Implementation Science and Chartered Psychologist. She holds an Advanced Fellowship from the National Institute for Health Research and is the Director of Warwick Evidence, Technology Assessment Review Teams at Warwick, Deputy Director of the NIHR Applied Research Collaboration West Midlands and theme lead for research methodology and informatics at Warwick. She is an experienced qualitative and mixed methodologist and has led multiple evidence synthesis and health technology assessments for NICE, the UK National Screening Committee and Public Health England. Her work contributes towards improving evidence-based practice in the NHS to understand how to achieve effective and efficient services for patients. Dr Grove is a Fellow of the HEA and has lectured on undergraduate and postgraduate modules at WMS including the MBChB, Understanding Research and Critical Apprised and Mixed Methods for Health Research. She also teaches qualitative methods on the Integrated Clinical Academic Training programme at UHCW.
Dr. Al Getgood is an Associate Professor at the University of Western Ontario and orthopaedic surgeon at the Fowler Kennedy Sport Medicine Clinic, London, Ontario. He completed his primary medical degree at the University of Edinburgh followed by orthopaedic residency and a research Doctorate (MD) at the University of Cambridge. His fellowship training included time in London (Ontario), Banff (Alberta) and Coventry (UK).

Dr. Getgood’s clinical practice focuses on complex soft tissue reconstruction of the knee. He has been successful in securing over 9 million dollars in peer reviewed and industry funded grants. He also received the American Orthopaedic Society of Sports Medicine (AOSSM) 2019 O’Donoghue Sports Injury Award, the 2019 Jan Gillquist Award and the 2017 Albert Trillat Young Investigator award (both from the International Society of Arthroscopic Knee surgery and Orthopaedic Sports medicine -ISAKOS), all for the ISAKOS/OREF funded multicentre STABILITY study investigating the use of lateral extra-articular tenodesis in ACL reconstruction.

Furthermore, Dr Getgood has recently been awarded CIHR and NIH grants (5.3 million CAD) for the follow up STABILITY 2 study, investigating different graft choices in ACL reconstruction. Further awards have included the Ontario Early Researcher Award in 2016 and a Canadian Foundation for Innovation JELF award which has provided support for laboratory research staff and infrastructure respectively.

Dr. Getgood has authored over 140 peer-reviewed articles and numerous book chapters. He has given over 200 national and international conference presentations, lectures and demonstrations. He is a member of the AOSSM Board of Directors and sits on the knee preservation committee of ISAKOS. Dr. Getgood is a member of the Herodicus Society, the ACL study group, ESSKA and a founding member of the International Meniscus Reconstruction Forum (IMReF). He was the 2019 ICRS Annual congress clinical program chair, was a member the program committee for ESSKA 2020 biennial congresses, will be ACL study group program chair in 2023 and deputy program chair and clinical program chair for ISAKOS in 2023 and 2025 respectively.

Richard Villar qualified in medicine at St. Thomas’s Hospital in London (UK) before joining the military as the Regimental Medical Officer to the SAS. After leaving the Army he completed his surgical studies in Southampton and Cambridge, joining the consultant staff of Addenbrooke’s Hospital (Cambridge) in 1988.

It was there that he developed his interest in conservative hip surgery and has one of the largest experiences of hip arthroscopic (keyhole) procedures in the world.

He is a Founding Member, and first President, of the International Society for Hip Arthroscopy. He has served as a member of Council of the British Orthopaedic Association, is an assessor for the General Medical Council, and is a member of the United Kingdom’s Disaster Emergency Response Team. Richard has now retired from operating in the UK but holds regular clinics.

In this latter capacity he was operational in the aftermaths of the Kashmir, Java and Haiti earthquakes. Richard regards orthopaedic surgery as both his profession and hobby.
Matthew Porteous qualified in 1982 and trained in Orthopaedics at King College Hospital where he was appointed consultant in 1993. He moved to the West Suffolk Hospital in 1998. His main interests were trauma, hip and revision hip surgery. He was voted trainer of the year in 2025. He also chaired the Data Quality and Regional Clinical Co-ordinator committees and sat on the Steering Committee of the National Joint Registry. He is an enthusiastic teacher, author of a textbook of trauma surgery and a past president of AOUK. He retired in 2020 and since then has been retraining as a cabinet maker and building a workshop.
Dr. Al Getgood is an Associate Professor at the University of Western Ontario and orthopaedic surgeon at the Fowler Kennedy Sport Medicine Clinic, London, Ontario. He completed his primary medical degree at the University of Edinburgh followed by orthopaedic residency and a research Doctorate (MD) at the University of Cambridge. His fellowship training included time in London (Ontario), Banff (Alberta) and Coventry (UK).

Dr. Getgood's clinical practice focuses on complex soft tissue reconstruction of the knee. He has been successful in securing over 9 million dollars in peer reviewed and industry funded grants. He also received the American Orthopaedic Society of Sports Medicine (AOSSM) 2019 O'Donoghue Sports Injury Award, the 2019 Jan Gillquist Award and the 2017 Albert Trillat Young Investigator award (both from the International Society of Arthroscopic Knee surgery and Orthopaedic Sports medicine (ISAKOS), all for the ISAKOS/OREF funded multicentre STABILITY study investigating the use of lateral extra-articular tenodesis in ACL reconstruction.

Furthermore, Dr Getgood has recently been awarded CIHR and NIH grants (5.3 million CAD) for the follow up STABILITY 2 study, investigating different graft choices in ACL reconstruction. Further awards have included the Ontario Early Researcher Award in 2016 and a Canadian Foundation for Innovation JELF award which has provided support for laboratory research staff and infrastructure respectively.

Dr. Getgood has authored over 140 peer-reviewed articles and numerous book chapters. He has given over 200 national and international conference presentations, lectures and demonstrations. He is a member of the AOSSM Board of Directors and sits on the knee preservation committee of ISAKOS. Dr. Getgood is a member of the Herodicus Society, the ACL study group, ESSKA and a founding member of the International Meniscus Reconstruction Forum (IMReF). He was the 2019 ICRS Annual congress clinical program chair, was a member the program committee for ESSKA 2020 biennial congresses, will be ACL study group program chair in 2023 and deputy program chair and clinical program chair for ISAKOS in 2023 and 2025 respectively.

Vikas Khanduja is a Consultant Orthopaedic Surgeon & Research Lead (Elective) at Addenbrooke’s Cambridge University Hospital, specialising in hip surgery and has a particular interest in arthroscopic surgery of the hip. He has been instrumental in setting up & developing the tertiary referral service for Young Adult Hip Surgery in Cambridge. Complementing his clinical practice, his research interests centre around disease stratification of FAI using novel imaging techniques, better pre-operative planning tools using dynamic analysis and optimisation of arthroscopic management of FAI via precision surgery to improve outcomes. He also leads the Cambridge Young Adult Hip Research Group and has authored over 150 peer reviewed articles and three books.

Vikas is the recipient of the American and British Hip Society Travelling Fellowship in 2011, the Arnott Medal presented by the Royal College of Surgeons of England in 2013, the Insall Fellowship presented by the American Knee Society and Insall Foundation in 2014 and the Hunterian Professorship by the RCS England in 2021.

Vikas sits on the Executive Committee of the British Hip Society as the President, ESSKA and ISAKOS as the Chair of the Hip Arthroscopy Committee and the NIHR MSK NSG as the Orthopaedic Lead for the Eastern Region. He is the Past Chair of NAHR and the Education Academy in SICOT & a Founder Member of SICOT PIONEER.

Twitter: @CambridgeHipDoc
Mr Jaison Patel is a ST8 Trainee in the East of England. Since graduating from Barts and The London School of Medicine he has completed his postgraduate training in the East of England region. In his final year of training he spent time at The Royal London Hospital, London where he gained further complex trauma experience.

He has a keen interest in research and has published several research articles, book chapters and spent 2 years as the Chief Research Officer for ORCA. He is enthusiastic about education and has taught on many national courses. He is currently undertaking a masters in medical education at the University of Warwick having previously completed the Chief Residents Programme in Cambridge.

Jaison's clinical interest is in lower limb reconstruction. In particular he would like to focus his practice on revision knee arthroplasty and soft tissue knee surgery. He will be going to the Nuffield Orthopaedic Centre in Oxford for his post CCT fellowship.

Mr Sunil Kumar is currently a post CCT Fellow in Hip Preservation Surgery at Northumbria, UK and has been appointed as Consultant Orthopaedic Surgeon with special interest in Young Adult Hip Surgery at Addenbrookes Hospital, Cambridge.

Sunil graduated from Bangalore Medical College, India and trained in Cardiff, Oswestry, London, Bath & Harlow before moving to Cambridge to undertake higher surgical training in East of England. Sunil is a keen researcher and has an active academic interest. He has published several research articles and book chapters. He contributed widely to teaching and leadership roles many of which he initiated and established.

Sunil was awarded the EoE 'Trainee of the Year' prize in 2020 and the 'Trinity Cup' in 2021 as the most accomplished trainee at the time of completion of the training programme. He was also awarded the BHS Travelling Fellowship in 2020.

Sunil was Secretary of CTOC 2021 and the current Chair of SICOT Young Surgeons Committee.
It's time for the
Cambridge Trauma
and Orthopaedic
Dinner

An evening with friends
Drinks reception
3 course meal
Trainer, training
Hospital, trainee and best in
Class awards

July 1st • 7 PM
Kings College, Cambridge
Dress code: formal/black tie

www.cambridgeorthopaedicclub.co.uk

After dinner talk by
Richard Villar
# Past Trainees

## 2021
- Andrew Bircher
- Anthanasios Serlis
- Daniel Watts
- Georgios Saraglis
- Joe Pang
- John Hardie
- Joshua Thompson
- Kareem Edres
- Kimberly Welsh
- Nichola McLaughlin
- Nicholas Judkins
- Oscar Johnson
- Sebastian Ho
- Thomas Barker
- Victoria Dorrell

## 2020
- Alexandra Macmillan
- Benjamin Davies
- David Chrastek
- Joe Dixon
- Michael Pullinger
- Panos Sgardelis

## 2019
- Ahmad Al-Sukaini
- Charles Howell
- Ignatius Liew
- John Lawrence
- Luke Granger
- Sumon Huq
- Victoria Stohlner

## 2018
- Ashok Ramasamy
- Cat Hatzantoni
- Chris Allan
- Helen Nuttall
- Jehan Butt
- Jennifer Barwell
- Kriti Singhania
- Maria Popescu
- Nadim Tarazi
- Sam Hopwood
- Silvester Kabwama
- Vish Kumar

## 2017
- Ady Abdelhaq
- Anand Shah
- Dinish Baskaran
- Hassan Fawi
- Hammad Sadique
- Jeeshan Rahman
- Mohammad Almustafa
- Omar Toma
- Pinelopi Novak
- Pradyumna Raval
- Riau Clegg
- Rui Zhou
- Tim Karssien
- Zain Sohail

## 2016
- Albert Ngu
- Christine Scarsbrook
- Daniel Bye
- Humza Osmani
- Hussein Taki
- Jaison Patel
- Jason Sibbel
- Joshua Ong
- Kavi Patel
- Mira Pecheva
- Nishil Modi
- Rachael Fisher
- Rosamond Tansey
- Sunny Parikh
- Tamas Kozbedza
- William Matthews
- Will Nabulyato

## 2015
- Aaron Rooney
- James Gill
- Jonathan Lenihan
- Kate Spacey
- Ken Wong
- Kenan Kursumovic
- Lynette Spalding
- Martha Ricketts
- Matthew Seah
- Mike Dunne
- Pamela Garcia-Pulido
- K H Sunil Kumar

## 2014
- Alexandar Durt
- Arman Memarzadeh
- Ben Davis
- Ben Quansah
- Damien Gill
- Elizabeth Tissngh
- Fouzia Khatun
- Gohar Naqvi
- James Corbett
- Michael Barrett
- Rumina Begum

## 2013
- Adam Devany
- Karam Al-Tawil
- Osama Aweid
- Shahriar
- Fazal Sarker
- Tom Marjoram

## 2012
- Ahmed Magan
- Aparna Viswanath
- Darshan Angadi
- Jasdeep Gidde
- Majeed Shakokani
- Nicholas MacArthur
- Ross Coomer
- Zeiaid Alshameeri

## 2011
- Anwar
ek
- Lorn
- Young
- Tim Halsey

## 2010
- Ben Ollivere
- Iain McNamara
- Lora Young
- Tim Halsey

## 2009
- Andrew
- Christian
- Con Loizou
- Emmett Griffiths
- Paul Robinson
- Peter Domos

## 2008
- Ed Spurrier
- Elizabeth Pinder
- Emma-Kate Lacey
- Henry Budd
- Praveen Inaparthi
- Simrajeev Johal
- Tim Harrison

## 2007
- Alan Howieson
- Andrew Cook
- Dave Cash
- Malin Wijeratna
- Pierre Nasr
- Phil Vaughan
- Sacchin Daivajna
- Sami Imam
- Tom Southorn

## 2006
- Ben Ollivere
- Iain McNamara
- Lora Young
- Tim Halsey

## 2005
- David Loveday
- Howard Davies
- Matt Kent
- Oday Al-Dadah
- Sanjay Kalra

## 2004
- Alan Getgood
- Ben Coupe
- Chris Ingham
- Gideon Heinert
- Henry Wynn Jones
- Tim Williams

## 2003
- Andrew McKee
- Ben Davis
- Robert Lovell
- Rupert Clifton

## 2002
- Alan Norrish
- Alex Sigmeth
- Mark Latimer
- Nasir Quraishi
- Phil Johnston

## 2001
- Doug Hay
- Jens Bayer

## 2000
- Andy White
- Matt Costa
- Mike Hutton
- Paul Crossman

## 1999
- James Hutchinson
- Jane Webber
- John Crawford
- Lennel Lutchman
- Vigdis Thorsdottir

## 1998
- Andrew
- MacDowell
- Neil Walton
- Nish Chirodian
- Steve Pryke
- Tim Brammer

## 1997
- Adrian Chojnowski
- Adrian Dunn
- Chris Roberts

## 1996
- Chris Blundell
- James Wimhurst
- Janardhan Rao
- Michael Clarke

## 1995
- Abhay Khot
- Jonathan Hobby
- Kevin Conn
- Steven Palmer

## 1994
- Damien Griffin
- James Hopkinson-Woolley
- Mark Bowditch

## 1993
- Alastair Vince
- Fabian Norman-Taylor
- Fred Robinson

## Pre-1992
- Tim Bull
- Graham Keene
- Harry Lyall
- Brian Cohen
- Dennis Edwards
- Richard Field
- Marc Bransbury-Zachary
- Anthony Doran
- Glynn Pryor
- Roger Emery
- John Bradley
- Richard Villar
- Chris Constant

## 1992
- Tim Bull

## 1991
- Graham Keene

## 1990
- Harry Lyall

## 1989
- Brian Cohen

## 1988
- Dennis Edwards

## 1987
- Richard Field

## 1986
- Marc Bransbury-Zachary

## 1985
- Anthony Doran

## 1984
- Glynn Pryor

## 1983
- Roger Emery

## 1982
- John Bradley

## 1981
- Richard Villar

## 1980
- Chris Constant
<table>
<thead>
<tr>
<th>Year</th>
<th>Venue</th>
<th>President</th>
<th>Secretary</th>
</tr>
</thead>
<tbody>
<tr>
<td>1982</td>
<td>University centre</td>
<td>AHG Murley</td>
<td>RJ Pusey</td>
</tr>
<tr>
<td>1983</td>
<td>Peterhouse</td>
<td>TJ Fairbank</td>
<td>J Flanagan</td>
</tr>
<tr>
<td>1984</td>
<td>Pembroke</td>
<td>T Kerr</td>
<td>C Johnson Nurse</td>
</tr>
<tr>
<td>1985</td>
<td>Jesus</td>
<td>S McCreath</td>
<td>N Broughton</td>
</tr>
<tr>
<td>1986</td>
<td>St John's</td>
<td>M Matthewson</td>
<td>C Constant</td>
</tr>
<tr>
<td>1987</td>
<td>Trinity Hall</td>
<td>M Heywood Waddington</td>
<td>R Villar</td>
</tr>
<tr>
<td>1988</td>
<td>King's</td>
<td>G Illingworth</td>
<td>J Bradley</td>
</tr>
<tr>
<td>1989</td>
<td>Corpus Christi</td>
<td>P Scott</td>
<td>R Emery</td>
</tr>
<tr>
<td>1990</td>
<td>Gonville and Caius</td>
<td>R Todd</td>
<td>G Pryor</td>
</tr>
<tr>
<td>1991</td>
<td>Pembroke</td>
<td>D Dandy</td>
<td>A Doran</td>
</tr>
<tr>
<td>1992</td>
<td>Trinity Hall</td>
<td>J Moore</td>
<td>M Bransbury Zachary</td>
</tr>
<tr>
<td>1993</td>
<td>Clare</td>
<td>B Meggitt</td>
<td>R Field</td>
</tr>
<tr>
<td>1994</td>
<td>Peterhouse</td>
<td>J Kersley</td>
<td>D Edwards</td>
</tr>
<tr>
<td>1995</td>
<td>Magdalene</td>
<td>N Rushton</td>
<td>B Cohen</td>
</tr>
<tr>
<td>1996</td>
<td>St. Catherines</td>
<td>R Pusey</td>
<td>H Lyall</td>
</tr>
<tr>
<td>1996</td>
<td>Emmanuel</td>
<td>J Flanagan</td>
<td>G Keene</td>
</tr>
<tr>
<td>1998</td>
<td>Queen's</td>
<td>C Constant</td>
<td>A Vince</td>
</tr>
<tr>
<td>1999</td>
<td>Trinity</td>
<td>R Villar</td>
<td>J Hopkinson Woolley</td>
</tr>
<tr>
<td>2000</td>
<td>Jesus</td>
<td>R Emery</td>
<td>S Palmer</td>
</tr>
<tr>
<td>2001</td>
<td>Clare</td>
<td>J Bradley</td>
<td>J Hobby</td>
</tr>
<tr>
<td>2002</td>
<td>Sidney Sussex</td>
<td>G Pryor</td>
<td>A Chojnowski</td>
</tr>
<tr>
<td>2003</td>
<td>Queen's</td>
<td>M Bransby Zachary</td>
<td>N Chiroidian</td>
</tr>
<tr>
<td>2004</td>
<td>Corpus Christi</td>
<td>A Doran</td>
<td>J Crawford</td>
</tr>
<tr>
<td>2005</td>
<td>Magdalene</td>
<td>R Field</td>
<td>Douglas Hay</td>
</tr>
<tr>
<td>2006</td>
<td>No Meeting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2007</td>
<td>Garden House Hotel</td>
<td>D. Edwards</td>
<td>M Latimer</td>
</tr>
<tr>
<td>2007</td>
<td>Magdalene</td>
<td>B Cohen</td>
<td>P Johnston</td>
</tr>
<tr>
<td>2009</td>
<td>Jesus</td>
<td>H Lyall</td>
<td>B Coupe</td>
</tr>
<tr>
<td>2010</td>
<td>Downing</td>
<td>G Keene</td>
<td>A Getgood</td>
</tr>
<tr>
<td>2011</td>
<td>Magdalene</td>
<td>A Vince</td>
<td>B Olliviere</td>
</tr>
<tr>
<td>2021</td>
<td>Trinity</td>
<td>J Hopkinson Woolley</td>
<td>L Young</td>
</tr>
<tr>
<td>2013</td>
<td>Trinity Hall</td>
<td>J Hobby</td>
<td>M Wijeratna</td>
</tr>
<tr>
<td>2014</td>
<td>Sidney Sussex</td>
<td>A Chojnowski</td>
<td>S. Johal</td>
</tr>
<tr>
<td>2015</td>
<td>St. Catherines</td>
<td>N Chiroidian</td>
<td>C Lawrence</td>
</tr>
<tr>
<td>2016</td>
<td>Trinity</td>
<td>M Bowditch</td>
<td>W Chan</td>
</tr>
<tr>
<td>2017</td>
<td>King's</td>
<td>John Crawford</td>
<td>J Rawal</td>
</tr>
<tr>
<td>2018</td>
<td>St John's</td>
<td>Doug Hay</td>
<td>R Coomber</td>
</tr>
<tr>
<td>2019</td>
<td>Clare</td>
<td>Mark Latimer</td>
<td>A Memarzadeh</td>
</tr>
<tr>
<td>2020</td>
<td>Virtual (Downing)</td>
<td>P Johnston</td>
<td>R Begum</td>
</tr>
<tr>
<td>2021</td>
<td>Virtual (Kings)</td>
<td>B Coupe</td>
<td>K H Sunil Kumar</td>
</tr>
</tbody>
</table>
TRAINER OF THE YEAR

Mr Satish Kutty, Harlow, 2021

Mr Amresh Singh, Peterborough, 2020
Mr Niel Kang, Addenbrooke's, 2019
Mr Anish Sanghrajka, NNUH, 2018
Mr Mark Bowditch, Ipswich, 2017
Mr Andrew McKee, Peterborough, 2016
Mr Ravindra Kamath, Peterborough, 2015
Dame Clare Marx, Ipswich, 2014
Mr Phillip Johnston, Addenbrooke's, 2013
Mr Graham Tytherleigh-Strong and Mr Lee Van Rensburg, Addenbrooke's, 2012
Mr John Powell and Mr David Sharp, Ipswich, 2011
Mr Ivan Hudson, Ipswich, 2010
Miss Sue Deakin, West Suffolk, 2009
Mr Phillip Edge, Bedford, 2008
Mr Dennis Edwards, Addenbrooke's, 2007
No meeting, 2006
Mr Matthew Porteous, West Suffolk, 2005
Mr Keith Tucker, NNUH, 2004
Mr Murray Matthewson, Addenbrooke's, 2003
Mr Nigel Coleman, QEH King's Lynn, 2002
TRAINEE OF THE YEAR

Miss Kate Spacey, 2021
Mr K H Sunil Kumar, 2020
Miss Rachael Fisher, 2019
Miss Elizabeth Tissing, 2018
Mr Arman Memarzadeh, 2017
Mr Mike Barrett, 2016

TRINITY CUP PRIZE
"BEST IN CLASS"

Mr K H Sunil Kumar, 2021
Mr Mike Barrett, 2020
Mr Arman Memarzadeh, 2019
Mr Ross Coomber, 2018
Mr Ryan Wood, 2017
Mr Warwick Chan, 2016
TRAINING HOSPITAL OF THE YEAR

Colchester, 2021
Peterborough, 2020
Colchester, 2019
Luton and Dunstable, 2018
West Suffolk, 2017

CTOC ACADEMIC PRESENTATION PRIZE

Mr Sunny Parikh, 2021
Mr John (Sid) Lawrence, 2020
Mr James Gill, 2019
Mr Mike Dunne, 2018
Miss Aparna Viswanath, 2017
Miss Helen Chase, 2016
Mr Al Durt, 2015
NOTES