



# SICOT Foot & Ankle Arthroscopy Cadaver Course

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*ArthroLab™ Singapore - Monday 27 & Tuesday 28 July 2026*



# SICOT Foot & Ankle Arthroscopy Cadaver Course

Monday 27 & Tuesday 28 July 2026

*Hosted at ArthroLab™ Singapore*

*Talar Osteotomy*

*Insertional Achilles Tendinopathy*

*Hindfoot Deformity*

*Midfoot Osteotomies*

*Tendon Transfer*

*Midfoot Osteotomies*

*& much more!*

**Course Lead**

Arvind Puri



# FACULTY & INSTRUCTORS



Mohd Yazid Bajuri 



Moez Ballal 



Carlo Borbon 



Keen Wei Chong 



Arvind Puri 



Gowreeson Thevendran 



Rahul Upadhyay 



Li Zongxian 

08.45-09.00 Introduction and Welcome

09.00 - 12.30

**Instructional Lectures**

**Clinical Cases of Hindfoot Deformity:  
Why, Which and When to Perform Osteotomy**

*Gowreeson Thevendran*

**Supramalleolar Tibial Osteotomies:  
Indication, Planning and Technique - Tips & Tricks**

*Keen Wei Chong*

**What About the Soft Tissues?**

*Arvind Puri*

**Laboratory Session 1**

**Supramalleolar Tibial Osteotomies**

**Lead:** *Keen Wei Chong*



# Monday 27 July

13.30 - 17.00

**Instructional Lectures**

**Talar Osteotomy: Correcting the Malunion**  
*Rahul Upadhyay*

**Balancing the Ankle in Cavovarus Feet**  
*Arvind Puri*

**Calcaneal Osteotomies: When & Which One?**  
*Carlo Borbon*

**Zadek's Calcaneal Osteotomy: A Game Changer**  
*Moez Ballal*

**Laboratory Session 2**

**Talar Osteotomy with Medial Malleolar Osteotomy**  
*Rahul Upadhyay*

**Calcaneal Osteotomy**  
*Moez Ballal*  
*Carlo Borbon*

**Insertional Achilles Tendinopathy: Arthrex Speedbridge Reconstruction**  
*Li Zongxian*

09.00 - 10.00

***Instructional Lectures***

**Midfoot Osteotomies: A Primer**

*Rahul Upadhyay*

**Don't Forget the Tendon Transfer and Ligaments**

*Mohd Yazid Bajuri*

**Forefoot Osteotomies Open and MIS**

*Moez Ballal  
Carlo Borbon*



Tuesday 28 July

10.00 - 12.30

***Laboratory Session 3***

**Midfoot Osteotomies**

*Rahul Upadhyay*

**Forefoot Osteotomies Open and MIS (DMMO)**

*Moez Ballal  
Carlo Borbon*

**FDL Transfer and Lateral Ligament Reconstruction**

*Li Zongxian*

13.30 - 14.00

**Q & A Session**

***Faculty in the firing line!***



**EMAIL**

hq@sicot.org



Sponsored by



**SICOT Members: € 1300**

**Non-Members: € 1600**

**(excl. VAT)**

*Lunch & coffee breaks included*

**Learn more and register at**



**<https://bit.ly/SICOTLab26>**



**MARGARET  
FOK**

*SICOT Education  
Academy Chair*



**VIKAS  
KHANDUJA**

*SICOT President*

*We look forward to welcoming you to Singapore  
for an inspiring and hands-on learning experience!*